

POLYLOGUES

questions

What do you want for your love life?

What is your idea of a healthy relationship? Have you always wanted the same thing from relationships? How honest are you with yourself about what you want? How honest are you with (a) partner(s)? Do you communicate well with a partner? What does good communication feel like in your body? What does commitment mean to you?

Are you open? To love? To change? To new experiences?

What scares you about polyamory? What scares you about monogamy? Is it scarier to be in love or be alone? What's the difference between a mistake and an experiment? Have you ever cheated? What would happen if you tried telling a lover something you are scared to say? How do you experience change in relationships? Do you rely on someone else for your happiness?

How do you experience love in your life?

Where is the line between friendship and romance? What kind of relationship would make you feel the most free? Do you believe in marriage? Would you let your partner have another partner? Who do you talk to about love? Who do you talk to about sex? Do your kids know about your love life? Do your parents know about your love life?

What does intimacy mean to you?

How do you express intimacy? Have you touched someone in a meaningful way recently? When was the last time you told a partner what you needed? When was the last time you told a partner what you wanted? Do you ask questions? What does a family look like? How do you balance desire and commitment? How do you flirt? Are you a sexual person? Have you ever been seduced? What is the sexiest thing a partner could do? What is so alluring about the unknown in romance? Would you be open to talking about your experiences?

Where did you learn you "shouldn't" love more than one person?

What relationships do you model yours after? Do you believe in soulmates? How many people can you love at the same time? Who taught you what you know about love? What have you learned from porn? What do you think is the "right" behavior in relationships? What are the rules of your relationship(s)?